THE GABELLI HEALTHCARE & WELLNESS$^{Rx}$ TRUST

One Corporate Center
Rye, NY 10580-1422
t 914.921.5070
GABELLI.COM

**For information:**
Bethany Uhlein
(914) 921-5070

**DIVIDEND NOTICE**
**SERIES E PREFERRED SHARES**

FOR IMMEDIATE RELEASE
Rye, New York
February 11, 2026

GRX Pr E
CUSIP – 36246K509

**GABELLI HEALTHCARE & WELLNESS$^{Rx}$ TRUST**
**DECLARES $0.13 QUARTERLY DIVIDEND FOR ITS**
**5.20% SERIES E CUMULATIVE PREFERRED SHARES**

**Rye, NY** -- The Board of Trustees of The Gabelli Healthcare & Wellness$^{Rx}$ Trust (NYSE:GRX) (the "Fund") declared a $0.13 per share cash distribution payable on March 26, 2026 to Series E preferred shareholders of record on March 19, 2026.

The Series E Preferred Shares have an annual dividend rate of $0.52 per share as of February 12, 2024 ($0.40 per share prior to February 12, 2024). The Series E Preferred Shares were issued on October 15, 2021 at $10.00 per share and pay distributions quarterly.

All or part of the distribution may be treated as long-term capital gain or qualified dividend income (or a combination of both) for individuals, each subject to the maximum federal income tax rate for long term capital gains, which is currently 20% in taxable accounts for individuals (or less depending on an individual's tax bracket). In addition, certain U.S. shareholders who are individuals, estates or trusts and whose income exceeds certain thresholds will be required to pay a 3.8% Medicare surcharge on their "net investment income", which includes dividends received from the Fund and capital gains from the sale or other disposition of shares of the Fund.

Long-term capital gains, qualified dividend income, and investment company taxable income, if any, will be allocated on a pro-rata basis to all distributions to preferred shareholders for the year. Based on the accounting records of the Fund currently available, the current distribution paid to preferred shareholders in 2026 would include approximately 5% from net investment income and 95% from net capital gains on a book basis. This does not represent information for tax reporting purposes. The estimated components of each distribution are updated and provided to shareholders of record in a notice accompanying the distribution and are available on our website (www.gabelli.com). The final determination of the sources of all distributions in 2026 will be made after year end and can vary from the quarterly estimates. All individual shareholders with taxable accounts will receive written notification regarding the components and tax treatment for all 2026 distributions in early 2027 via Form 1099-DIV.

*Investors should carefully consider the investment objectives, risks, charges, and expenses of the Fund before investing. More information regarding this and other information*

*about the Fund is available by calling 800-GABELLI (800-422-3554) or visiting www.gabelli.com.*

The Gabelli Healthcare & Wellness$^{Rx}$ Trust is a diversified, closed-end management investment company with $233 million in total net assets whose primary investment objective is long-term growth of capital. The Fund is managed by Gabelli Funds, LLC, a subsidiary of GAMCO Investors, Inc. (OTCQX:GAMI).